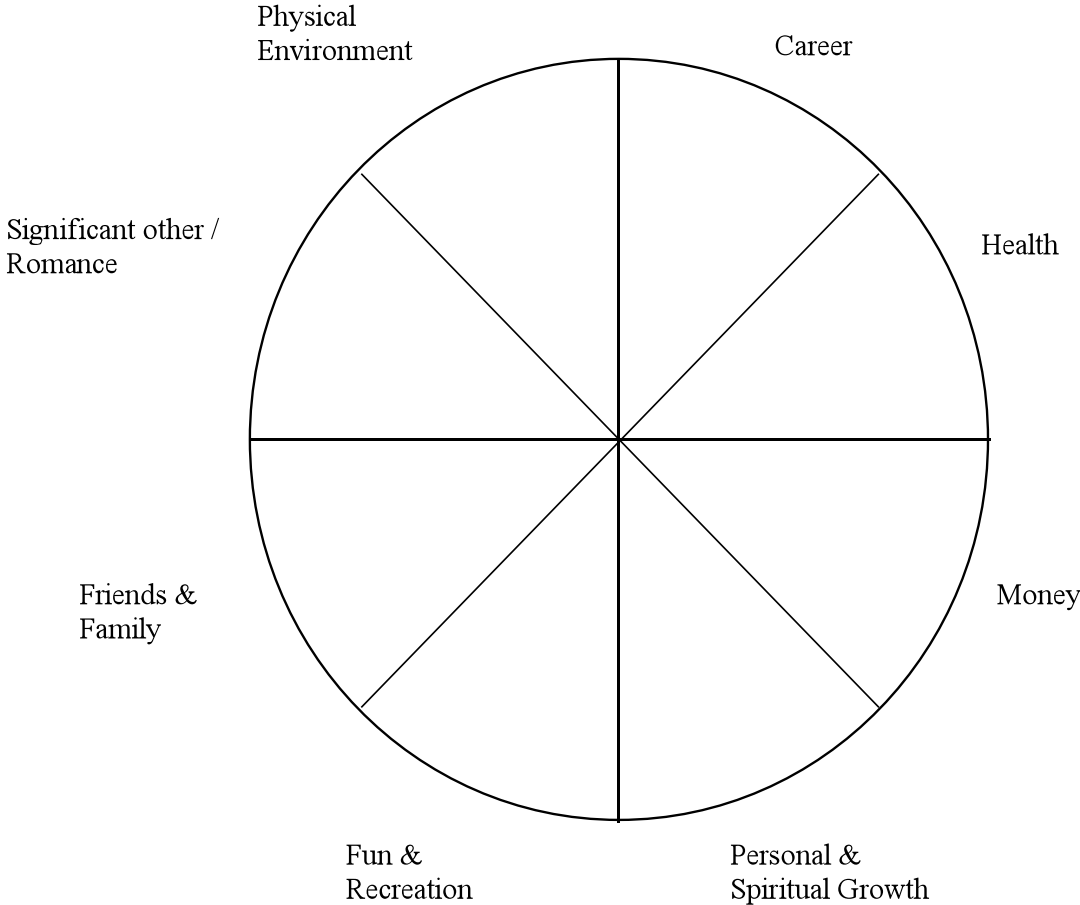


## Wheel of Life

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The eight sections in the Wheel represent balance. Seeing the centre of the wheel as 0 and the outer edge as 10, rank your level of satisfaction with each life area by drawing a straight or curved line to create a new outer edge and assign a number. The new perimeter of the circle represents your wheel of life. How bumpy would the ride be if this were a real wheel?



The new perimeter of the circle represents your wheel of life. If this were a real wheel, how bumpy would the ride be?